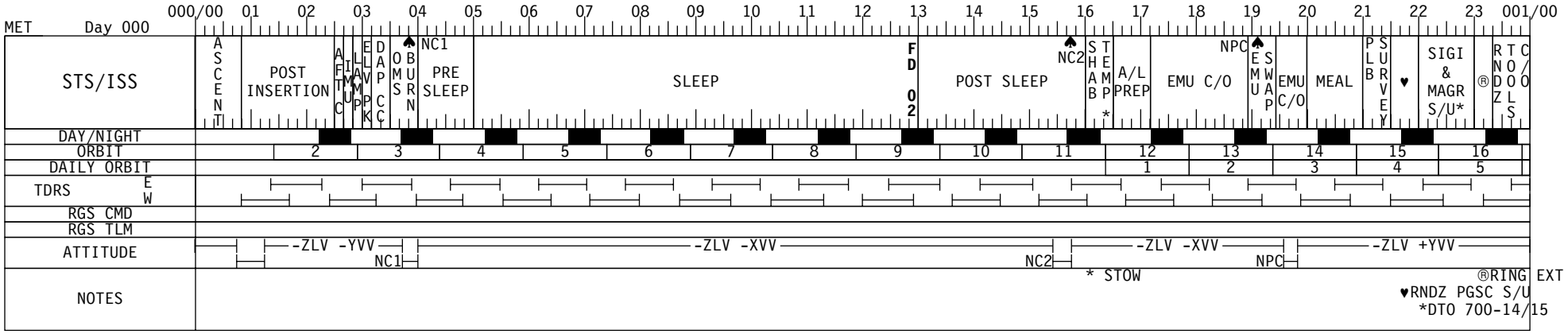
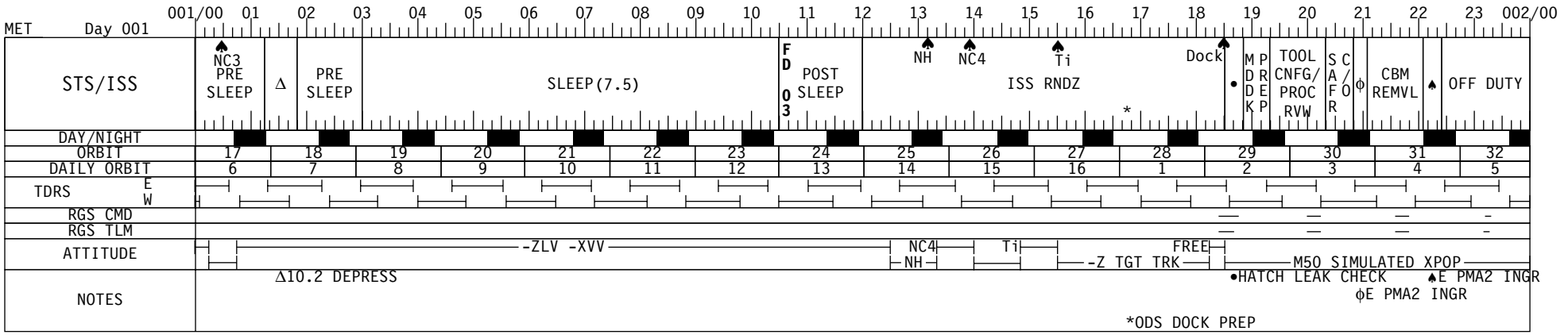
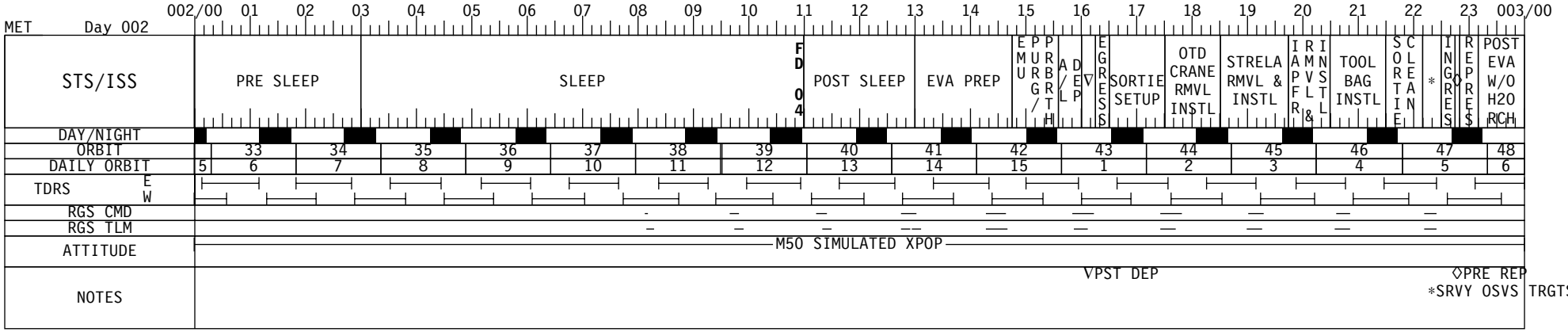
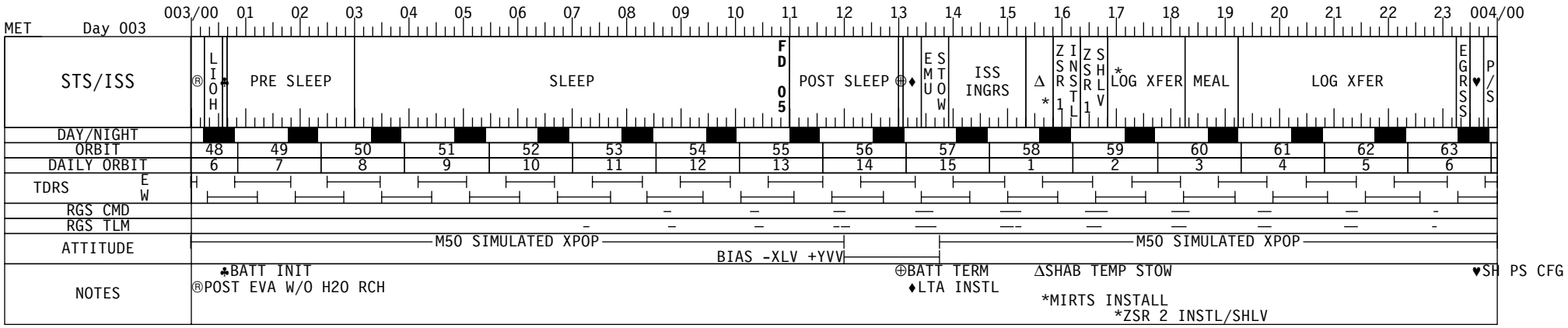
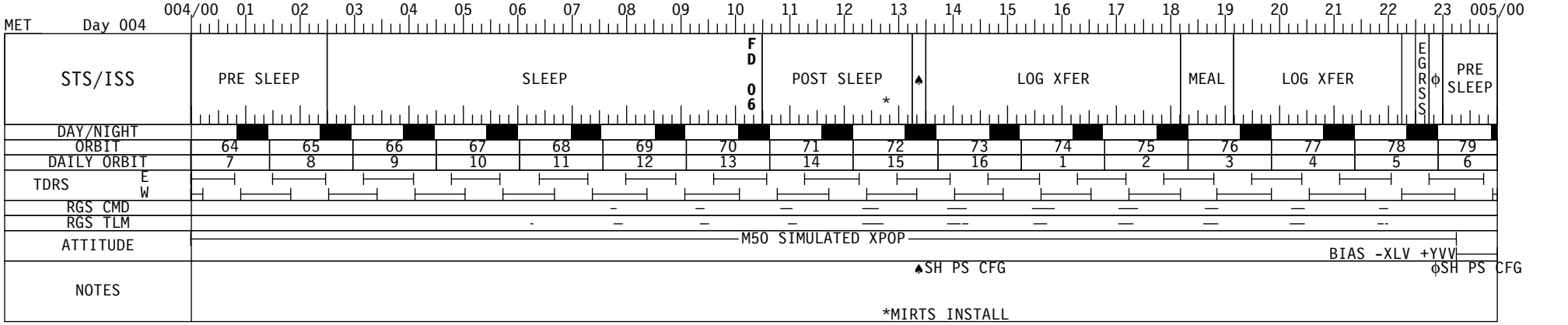
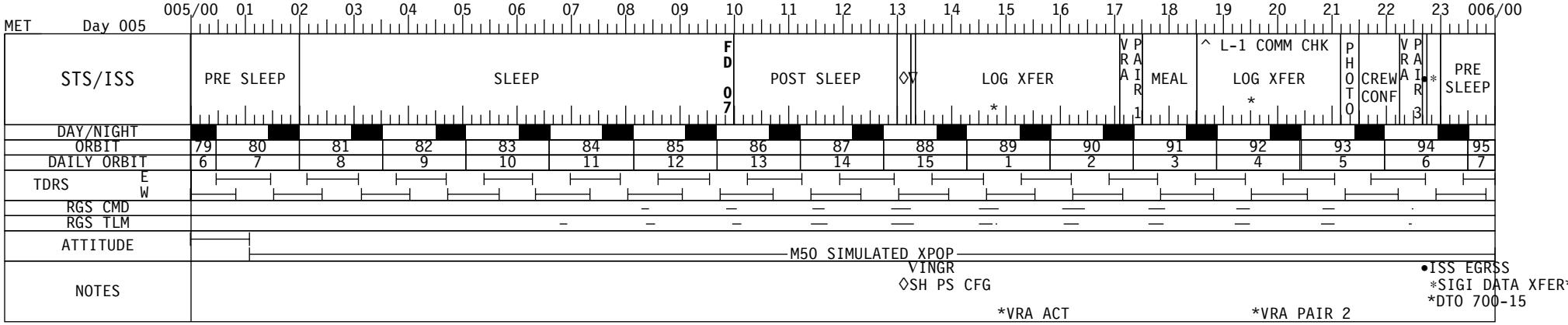

MET Day 000
000/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 001/00
STS/ISS
ASCENT
POST INSERTION
ATTITUDE CHANGE
ELAV PAYLOAD
DAP CC
OBS
NC1
PRE SLEEP
SLEEP
FD 02
NC2
POST SLEEP
STEAM BP *
A/L PREP
NPC
EMU C/O
EMU
SWAP
EMU C/O
MEAL
PLB SURVEY
♥
SIGI & MAGR S/U*
®
RTC NO/DOOZLS
DAY/NIGHT
ORBIT 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
DAILY ORBIT 1 2 3 4 5
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
-ZLV -YVV
NC1
-ZLV -XVV
NC2
-ZLV -XVV
NPC
-ZLV +YVV
NOTES
* STOW
®RING EXT
♥RNDZ PGSC S/U
*DTO 700-14/15

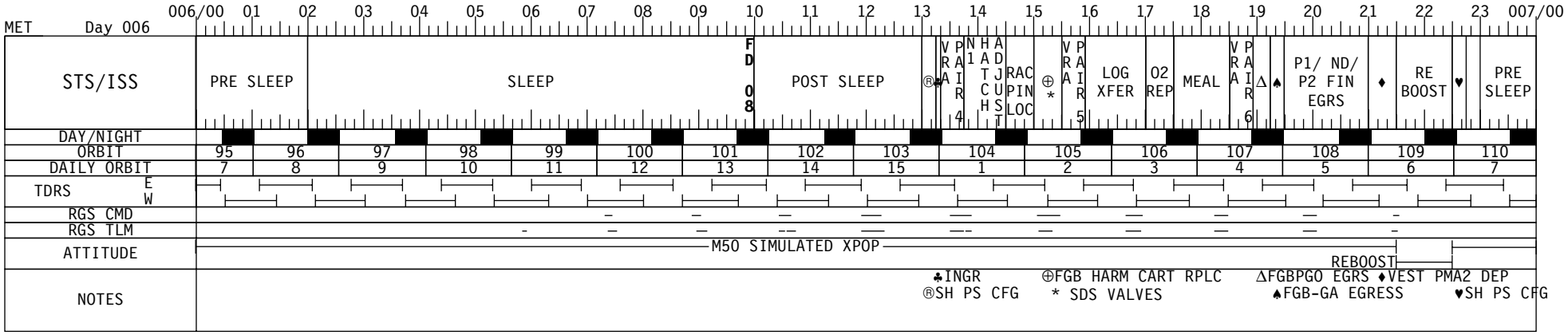

MET Day 001
001/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 002/00
STS/ISS
NC3 PRE SLEEP
Δ
PRE SLEEP
SLEEP(7.5)
FD 03
POST SLEEP
NH
NC4
Ti
ISS RNDZ
*
Dock
•
MPDEK P
TOOL CNFG/ PROC RVW
SC/FOR
ϕ
CBM REMVL
♠
OFF DUTY
DAY/NIGHT
ORBIT 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
DAILY ORBIT 6 7 8 9 10 11 12 13 14 15 16 1 2 3 4 5
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
-ZLV -XVV
NC4
NH
Ti
FREE
-Z TGT TRK
M50 SIMULATED XPOP
NOTES
Δ10.2 DEPRESS
•HATCH LEAK CHECK
♠E PMA2 INGR
ϕE PMA2 INGR
*ODS DOCK PREP

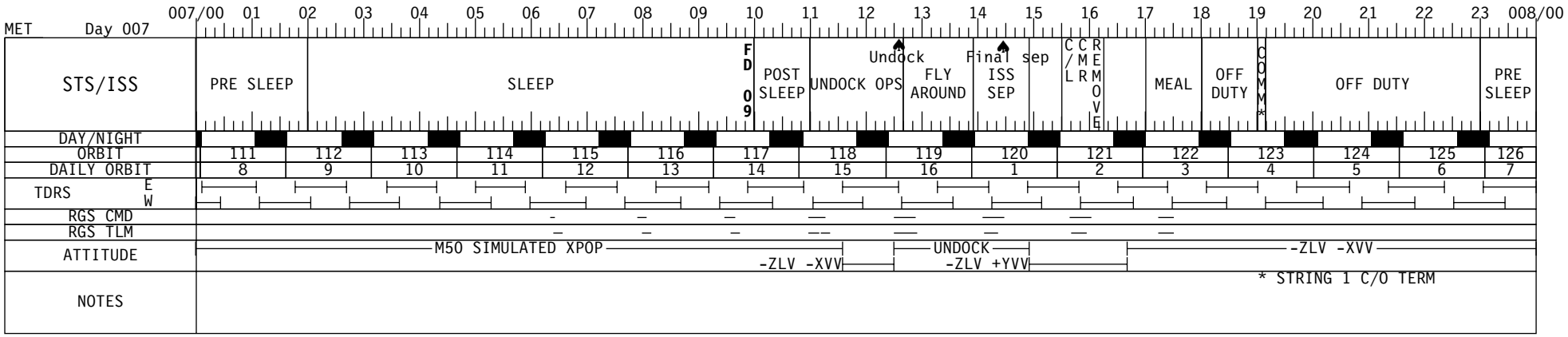

MET Day 002
002/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 003/00
STS/ISS
PRE SLEEP
SLEEP
FD 04
POST SLEEP
EVA PREP
EMU PURG/ PURGTH
ADEP/ L
∇
EGRESS
SORTIE SETUP
OTD CRANE RMVL INSTL
STRELA RMVL & INSTL
IRAMPFR
IRMNVSL& L
TOOL BAG INSTL
SCOLRTAIN E
*
INGRESS
REPRESS
POST EVA W/O H2O RCH
DAY/NIGHT
ORBIT 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48
DAILY ORBIT 5 6 7 8 9 10 11 12 13 14 15 1 2 3 4 5 6
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
M50 SIMULATED XPOP
NOTES
VPST DEP
◊PRE REP
*SRVY OSVS TRGTS

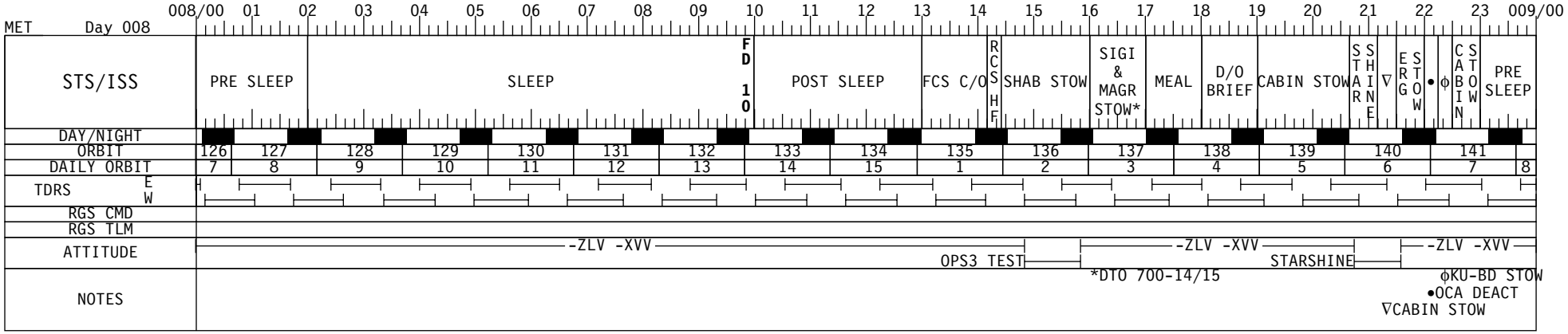

MET Day 003
003/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 004/00
STS/ISS
® LIOH ♣ PRE SLEEP SLEEP FD 05 POST SLEEP ⊕♦ EMU STOW ISS INGRS Δ * ZSR 1 INSTL ZSR 1 SHLV * LOG XFER MEAL LOG XFER EGRSS ♥ P/S
DAY/NIGHT
ORBIT 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63
DAILY ORBIT 6 7 8 9 10 11 12 13 14 15 1 2 3 4 5 6
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
M50 SIMULATED XPOP
BIAS -XLV +YVV
M50 SIMULATED XPOP
NOTES
♣BATT INIT
®POST EVA W/O H2O RCH
⊕BATT TERM
♦LTA INSTL
ΔSHAB TEMP STOW
*MIRTS INSTALL
*ZSR 2 INSTL/SHLV
♥SH PS CFG

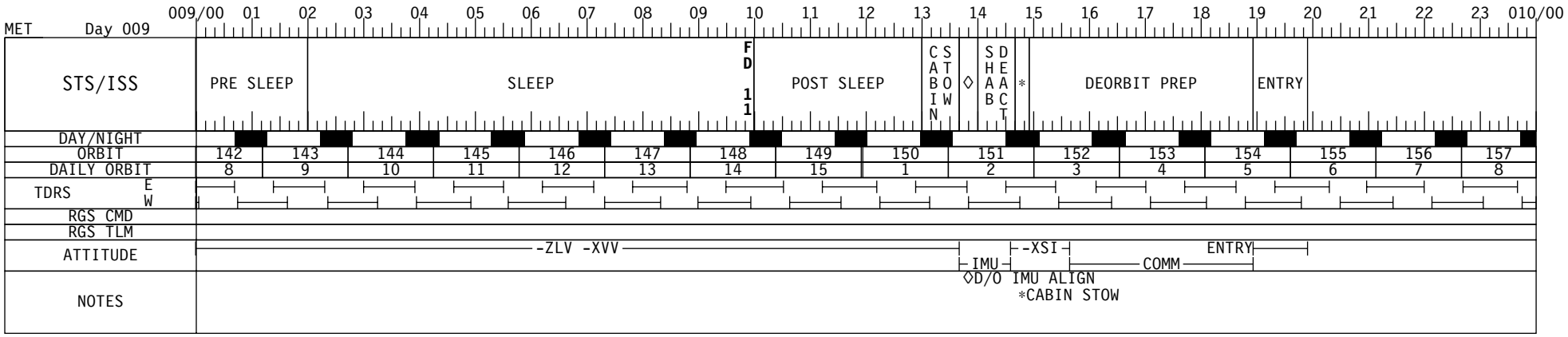

MET Day 004
004/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 005/00
STS/ISS
PRE SLEEP SLEEP FD 06 POST SLEEP * ♠ LOG XFER MEAL LOG XFER EGRSS ϕ PRE SLEEP
DAY/NIGHT
ORBIT 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79
DAILY ORBIT 7 8 9 10 11 12 13 14 15 16 1 2 3 4 5 6
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
M50 SIMULATED XPOP
BIAS -XLV +YVV
NOTES
♠SH PS CFG
ϕSH PS CFG
*MIRTS INSTALL

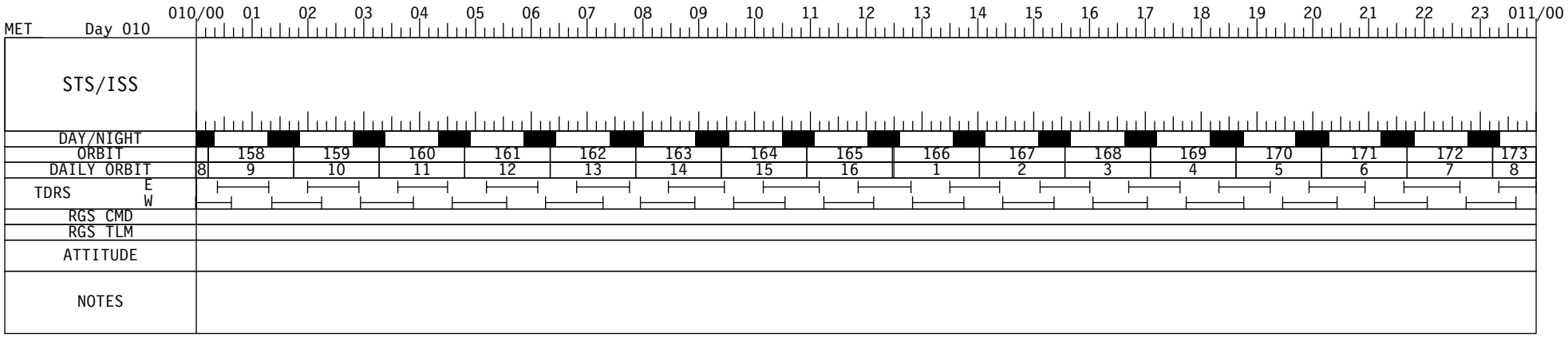

MET Day 005
005/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 006/00
STS/ISS
PRE SLEEP SLEEP FD 07 POST SLEEP ◊V LOG XFER * VRA PAIR 1 MEAL ^ L-1 COMM CHK LOG XFER * PHOTO CREW CONF VRA PAIR 3 • * PRE SLEEP
DAY/NIGHT
ORBIT 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95
DAILY ORBIT 6 7 8 9 10 11 12 13 14 15 1 2 3 4 5 6 7
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
M50 SIMULATED XPOP
NOTES
VINGR
◊SH PS CFG
*VRA ACT
*VRA PAIR 2
•ISS EGRSS
SIGI DATA XFER
*DTO 700-15

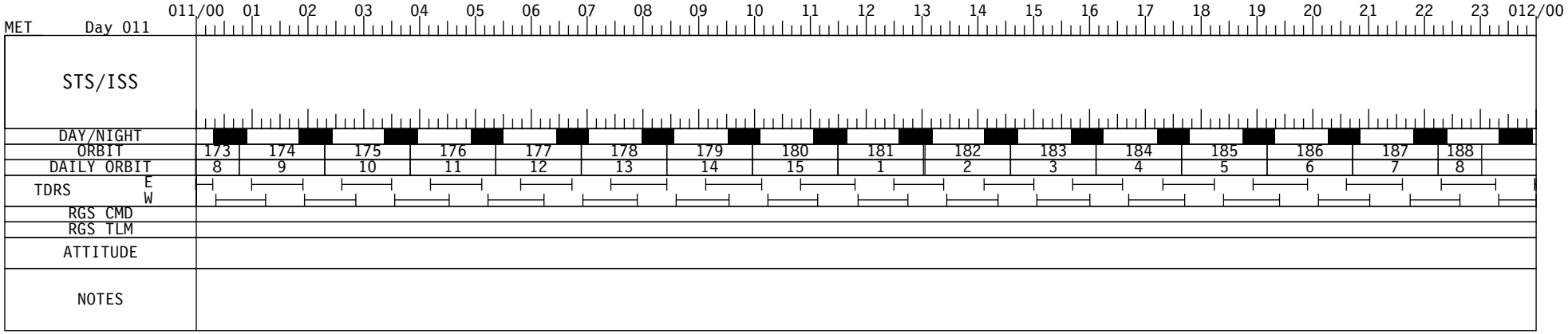

MET Day 006
006/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 007/00
STS/ISS
PRE SLEEP
SLEEP
FD 08
POST SLEEP
VRA PAIR 4
NHA 1 TCH
HADJUST
RACPIN LOC
VRA PAIR 5
LOG XFER
O2 REP
MEAL
VRA PAIR 6
P1/ ND/ P2 FIN EGRS
RE BOOST
PRE SLEEP
DAY/NIGHT
ORBIT 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110
DAILY ORBIT 7 8 9 10 11 12 13 14 15 1 2 3 4 5 6 7
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
M50 SIMULATED XPOP
REBOOST
NOTES
INGR
SH PS CFG
FGB HARM CART RPLC
SDS VALVES
FGBPGO EGRS
FGB-GA EGRESS
VEST PMA2 DEP
SH PS CFG


MET Day 007
007/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 008/00
STS/ISS
PRE SLEEP
SLEEP
FD 09
POST SLEEP
UNDOCK OPS
Undock
FLY AROUND
Final sep
ISS SEP
CMR/L
REMOVE
MEAL
OFF DUTY
COM*
OFF DUTY
PRE SLEEP
DAY/NIGHT
ORBIT 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126
DAILY ORBIT 8 9 10 11 12 13 14 15 16 1 2 3 4 5 6 7
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
M50 SIMULATED XPOP
-ZLV -XVV
UNDOCK
-ZLV +YVV
-ZLV -XVV
NOTES
* STRING 1 C/O TERM


MET Day 008
008/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 009/00
STS/ISS
PRE SLEEP
SLEEP
FD 10
POST SLEEP
FCS C/O
RCS HF
SHAB STOW
SIGI & MAGR STOW*
MEAL
D/O BRIEF
CABIN STOW
STAR
SHINE
∇
ERG
STOW
•
ϕ
CABIN
STOW
PRE SLEEP
DAY/NIGHT
ORBIT 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141
DAILY ORBIT 7 8 9 10 11 12 13 14 15 1 2 3 4 5 6 7 8
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
-ZLV -XVV
OPS3 TEST
-ZLV -XVV
STARSHINE
-ZLV -XVV
NOTES
*DTO 700-14/15
ϕKU-BD STOW
•OCA DEACT
∇CABIN STOW


MET Day 009
009/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 010/00
STS/ISS
PRE SLEEP
SLEEP
FD 11
POST SLEEP
CABIN
STOW
◊
SHAB
DEACT
*
DEORBIT PREP
ENTRY
DAY/NIGHT
ORBIT 142 143 144 145 146 147 148 149 150 151 152 153 154 155 156 157
DAILY ORBIT 8 9 10 11 12 13 14 15 1 2 3 4 5 6 7 8
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
-ZLV -XVV
IMU
-XSI
COMM
ENTRY
NOTES
◊D/O IMU ALIGN
*CABIN STOW


MET Day 010
010/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 011/00
STS/ISS
DAY/NIGHT
ORBIT 158 159 160 161 162 163 164 165 166 167 168 169 170 171 172 173
DAILY ORBIT 8 9 10 11 12 13 14 15 16 1 2 3 4 5 6 7 8
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
NOTES


MET Day 011
011/00 01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 012/00
STS/ISS
DAY/NIGHT
ORBIT 173 174 175 176 177 178 179 180 181 182 183 184 185 186 187 188
DAILY ORBIT 8 9 10 11 12 13 14 15 1 2 3 4 5 6 7 8
TDRS E W
RGS CMD
RGS TLM
ATTITUDE
NOTES